

# Help Each Other

## TEKS: First Grade

- 4 (A) Confirm predictions about what will happen next in the text by “reading the part that tells”.
- (B) Ask relevant questions, seek clarification, and locate facts and details about stories and other texts.
- 9 (B) Describe characters in a story and the reasons for their action and feelings.
- 14 (C) Retell the order of events in a text by referring to the word and/ or illustrations.

## Meets Additional TEKS:

Reading: 1(F); 7(A); 9(A); 13(A); 14(A,B)  
Social Studies: 13(A,C)  
Writing: 17(A,B,C,D,E)

## Objective:

Students will be able to define the term role model.

Students will discuss the principle that each individual is responsible for his or her own words and actions.

Students will be able to name three or more examples of how one’s actions and words might affect a) other people, and b) the physical and emotional environment of a space.. (i.e. littering might make a physical space unclean; angry words might make an emotional space feel unsafe)



## Activities:

1. Introduction (5 minutes) – The *Help Each Other* video introduces children to the importance of helping others.
2. Shared Reading (15 minutes) – A short book shows the students that they are capable of helping their parents and other adults.
3. Points to Ponder (5 minutes) – Options for further discussion.
4. Toothpaste Test (5 minutes) – A short exercise teaches students about the consequences of their words.
5. Helping Hands (30 minutes) – An activity discuss ways that they can help in their communities.

## Materials:

**Introduction: Video:** Help Each Other

**Shared Reading: Book:** Wilfrid Gordon McDonald Partridge by Mem Fox

**Toothpaste Test:** a tube of toothpaste, a paper plate

**Helping Hands:** construction paper, colors, scissors, glue/tape

## Did You Know...

Muhammad Yunus won the 2006 Nobel Peace Prize for his micro-loans. He loaned small amounts of money to people in poverty stricken countries, which helped them start small businesses.<sup>1</sup>

## Pedagogy:

Remember to use Bloom's Taxonomy and Gardner's M.I.! For example, in this lesson, you might ask students to EXAMINE and EXPLAIN the relationship between Wilfrid Gordon and Miss Nancy (Bloom). Alternatively, for a kinesthetic style of learner (Gardner), you might suggest that students create a skit to act out a way they can help a friend make a healthy choice.

## Brain Builder Vocabulary:

generosidad  
memoria  
persona modelo  
buenas elecciones  
medio ambiente  
toma de derechos

## Other Resources:

<http://www.randomactsofkindness.org/Kindness-Ideas/Browse/>

<http://actionforhappiness.org/>

<sup>1</sup> <http://news.nationalgeographic.com/news/2006/10/061013-nobel-peace.html>