



The world is full of possibilities and so are your students! Inspire their curiosity each day with the activities, printables, and videos below. Create “anytime” moments of playful learning with resources from [pbslearningmedia.org](https://pbslearningmedia.org), [pbskids.org](https://pbskids.org), and the **PBS KIDS Video app**.

THEME	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>All About Emotions</b>	<b>29</b> <b>Back-to-School Collection</b> Find a range of videos and activities to help your students take the big step into the classroom.	<b>30</b> <b>PBS KIDS Classroom Posters</b> Print posters including a feelings chart, routines checklist and more!	<b>31</b> 	<b>1</b> <b>Printable Packets</b> Support social-emotional learning at home with packets for <b>PreK-K</b> or <b>grades 1-2</b> .	<b>2</b> <b>Use Your Words and Say How You Feel</b> Daniel Tiger and his friends sing about letting others know how they feel.	<b>3</b> <b>Family Night</b> Invite families to enjoy time together with their pals Curious George and Sid the Science Kid.	<b>4</b> <b>You Time</b> Set some positive intentions. Write (or doodle) about your hopes for the new school year.
<b>My Family and Me</b>	<b>5</b> <b>Encouragement Flags</b> Encourage students to keep trying, just like Donkey Hodie.	<b>6</b> <b>PBS KIDS Talk About: Race &amp; Racism</b> Families talk about how we can all build a more equitable society.	<b>7</b> <b>Self-Awareness</b> This video explains how children develop self-awareness, the foundation of SEL.	<b>8</b> <b>Printable Packets</b> Celebrate what makes families special with activities for <b>PreK-K</b> or <b>grades 1-2</b> .	<b>9</b> 	<b>10</b> <b>Family Night</b> Families can enjoy "Arthur's First Day" as he begins Fourth Grade!	<b>11</b> <b>Happy to Be Me</b> Big Bird is tall and yellow, and he's happy to be the way he is! This song focuses on self-pride.
<b>Healthy Me</b>	<b>12</b> <b>What is Coronavirus?</b> A doctor explains the Coronavirus and how children can be good helpers.	<b>13</b> <b>Healthy Habits</b> Children demonstrate covering their mouths when they sneeze and washing hands.	<b>14</b> 	<b>15</b> <b>Guided Mindfulness Exercise</b> Take five minutes to enjoy a short guided meditation.	<b>16</b> <b>Twenty-Second Nursery Rhymes</b> Help your students practice healthy handwashing routines.	<b>17</b> <b>Printable Packets</b> Support healthy habits at home with activities for <b>PreK-K</b> or <b>grades 1-2</b> .	<b>18</b> <b>You Time</b> Celebrate you! Put on your favorite song and throw a five-minute dance party.
<b>Caring for Each Other</b>	<b>19</b> <b>Demonstrating Empathy and Perseverance</b> Explore creative ways to weave SEL into your classroom.	<b>20</b> <b>Friendship</b> Daniel Tiger learns how to be a friend, compromise, and work together to solve a problem.	<b>21</b> <b>Affirming Identities, The Content We Teach</b> Reflect on stories being told in your class, who is telling them, and why.	<b>22</b> <b>Printable Packets</b> Send home activities for <b>PreK-K</b> or <b>grades 1-2</b> to help children learn how they care for others.	<b>23</b> 	<b>24</b> <b>So Funny I Forgot to Laugh</b> Explore the topic of empathy with Arthur in this interactive comic.	<b>25</b> <b>You Time</b> Call a friend and share one way your students surprised you this week.
<b>Being Kind</b>	<b>26</b> <b>Teaching with Tunes Collection</b> Find new music to integrate into your classroom.	<b>27</b> <b>Shared Responsibility</b> Mister Rogers reminds us we are all helpers and important members of our community.	<b>28</b> <b>Relationship Skills</b> How can you help students develop their communication and cooperation skills?	<b>29</b> 	<b>30</b> <b>Come and Play</b> Sing and talk about how to include someone who might be feeling left out.	<b>1</b> <b>Kind Acts Bingo</b> Classroom kindness challenge! How many can your students complete?	<b>2</b> <b>You Time</b> Deep breaths can help calm the body. Take three and remind yourself, you've got this.

