2025 KLRN Emotional Wellness Summit Resource Guide



<u>Simple</u>
Interactions



Laura Galindo
Save Her
Nonprofit



Dr. Reem Eissa<u>Clarity Child</u>

<u>Guidance Guidance</u>

<u>Center</u>



Cresencia Huff
San Antonio
Public Library



Michelle Ramirez

Hope for Grievers



Morgan Yoshimura

San Antonio Public

Library: Resources for

Teachers and Students



Natasha Richardson

Communities in

Schools San Antonio



San Antonio Metropolitan Health District
Request Form for Community Nutrition:
¡Viva Health! Nourished on Any Budget
Plática Community Conversation

<u>Johnathon Espinoza</u>



Andrea Bottiglieri

Mayor's Fitness Council

Student Ambassador Program:

Application Form



<u>Jacklynn Ware</u>

<u>Project Youth Empowerment</u>

<u>and Support</u>

(<u>Project YES</u>), UT Teen Health

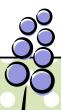
<u>Resource Guide</u>













2025 KLRN Emotional Wellness Summit Resource Guide

Welcome, Friends!

The incredible presenters at the virtual 2025 KLRN Emotional Wellness

Summit addressed meaningful information about emotional well-being and the importance of encouragement.

The amazing speakers who led this year's summit are featured above.

Friends, please know that you are always welcome to join us for KLRN's

FREE educator training sessions which offer continuing education credit.

For a full list of upcoming training sessions and other great events,

please visit the <u>KLRN Events Page</u>. You can also find even more

information about health and well-being on <u>KLRN's Healthy Kids Project</u>

and <u>PBS LearningMedia</u>.

For a full list of the KLRN television schedule, please click here.

Reach out to us any time at education@klrn.org

In the wise words of Mr. Rogers,

"You've made this day a special day, by just your being you".

Friends, thank you for being the special people you are.

